



# Muckamore Cricket & Lawn Tennis Club

Changing Room Policy for Children

March 2022



## Changing Room Policy for Children

This policy apply to adults and children sharing changing facilities. Clubs should identify and develop a framework that best suits their changing arrangements. For this they should take account of the facilities available, access to those facilities, and the number of children involved.

Best practice principles adopted by Muckamore Cricket & Lawn Tennis Club are as follows:

- Mobile phones must not be used in changing rooms at any time.
- In so far as is possible, children should arrive to all their matches changed into their appropriate clothing.
- If adults and children need to share a changing facility, the club must have consent from parents that their child(ren) can share a changing room with adults in the club.
- Adults should allow children to use the changing room to get changed first. When they are finished the adults can then use it.
- Adults must not change, or shower, at the same time as children when using the same facility as children.
- Adults should try to change at separate times to children during matches, for example, when children are padding up.
- Where children play for open-age teams, they and their parents need to be made aware of the changing room policy of the club.
- Mixed gender teams must have access to separate male and female changing rooms or create a policy on changing at different times.
- If children are uncomfortable changing or showering at the club, no pressure should be placed on them to do so. Suggest, instead, that they may change and shower at home.