



Muckamore Cricket & Lawn Tennis Club

Health & Safety Policy

March 2022



Health & Safety Policy

All Players and Members share responsibility for achieving safe conditions. You must take care of your own health and safety and that of others, observe applicable safety rules and follow instructions for the safe use of Club facilities and equipment.

At Muckamore Cricket Club, we are committed to ensuring the health and safety of staff, members and anyone affected by our club activities, and to providing a safe and suitable environment for all those attending our premises. We therefore adopt a comprehensive approach to managing health and safety.

We encourage both Committee and players at all levels to promote good health and safety practices through their actions and behaviour.

So far as is reasonably practicable, we will strive to:

- Ensure the health, safety and wellbeing of all members whilst on the premises.
- Provide and maintain equipment that is in a safe condition and which does not pose a risk to health.
- Provide information, training and adequate resources to enable employees/volunteers to perform their work safely and efficiently.
- Maintain a constant and continuing interest in health and safety matters in our club activities, in particular by consulting and involving members where possible.
- Provide and maintain a club environment for all our members that is safe, without risks to health and has adequate facilities and arrangements for their welfare.
- Ensure that any accidents or incidents are investigated swiftly and appropriate action is taken.



As a member and visitor at Muckamore Cricket Club, you have a responsibility to take care of your health and safety at work and that of others.

It is important that you:

- ✓ report any health and safety concerns immediately;
- ✓ use appropriate protective equipment when necessary;
- ✓ report any incidents or near misses that have lead or may lead to injury or damage;
- ✓ co-operate with Committee members on health and safety matters, including the investigation of any incident with the objective of preventing a recurrence.

Failure to comply with our health and safety policy may be treated as misconduct and dealt with under our Disciplinary Procedure.

SMOKING

We maintain a smoke free environment for the welfare of all players, members and visitors to our premises, therefore smoking is only permitted in designated external areas. Details of all designated areas are available from the Clubhouse Bar. Smoking anywhere inside our building or outside designated areas will be treated as a disciplinary offence.

ILLEGAL DRUGS AND SUBSTANCES

We will not accept members or visitors arriving at our premises under the influence of drugs, or take drugs (other than prescription or over the counter medication, as directed) on our premises and this will be treated as a disciplinary offence.

You must comply with drink-driving laws and drug-driving laws at all times.

ALCOHOL AND SUBSTANCE MISUSE

At Muckamore Cricket Club, we believe we have a duty toward and are concerned about the health and welfare of all players and members. It is therefore our policy to:

- promote a responsible attitude to the consumption of alcohol amongst our members;
- offer assistance to those members who require it; and
- treat alcohol and substance abuse as a health problem and support for members to seek professional assistance.

Muckamore Cricket Club will treat all relevant discussions in strict confidence.



Misuse on our premises will be treated as a disciplinary offence.

ACCIDENTS

All accidents or incidents (including near misses) must be reported to the Club Committee for official recording. This includes an accident that does not result in an identifiable injury or damage. An accident/incident report form should be completed for each incident on the day on which it has occurred.

YOUTH

Young players, under the age of 18, must use appropriate protective equipment.

Volunteers who are in contact with young people (under 18) and team captains will undergo safeguarding training and Access NI clearance, as required.

Safety guidance on the wearing of helmets by young players will be followed at all times by the Club. These apply to all players under the age of 18 years.

The Club requires that all young cricketers, under the age of 18, provide medical and emergency contact details. Information will be held about relevant players and will be made available to coaches, managers and senior team captains as necessary.

When young players practise at the same time as adult members, there will always be at least two adults present at all times, unless a young player's parent/carer is present.

Parents of children under 18 will be encouraged to support the Health and Safety guidelines including safety in the car park at busy times.

FIRST AID

At Muckamore Cricket Club we are committed to promoting and ensuring the safety of all Members and persons on our premises.

We have a number of trained First Aiders to ensure that we have appropriate first aid provisions available at all times on our premises.

Multiple first aid kits are placed in designated locations on the premises and each team within the Club had been supplied with their own travel kit to take to away matches.

BREACHES OF THE POLICY

Breaches of this policy by any member or visitor will be dealt with under our Disciplinary Procedure and, in serious cases, may be treated as gross misconduct leading to the termination of your membership.



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